

## MOVE WITH ME 1

### Instructions:

- The teacher will use verbal cues throughout the scene and will demonstrate movements for the children to follow.
- There are no speaking lines for the children. The children should use only their bodies to tell their story.

### Getting to the Soccer Game

**Scene summary for teachers:** In this scene, the children will tackle obstacles to get to the soccer game on time. Teacher narrates as children follow. Teacher may set up physical obstacles as they go. For example: tape a circle to the floor to represent a “puddle,” they must jump over, or place a chair in the walkway that they must travel over (mountain), go under (a tree branch in the way) or through (a cave) to get past. (Instructions for decorating water bottles for good hydration can be found in “Art and Drama Extension” at end of lesson).

### Teacher leads with verbal and physical cues as the children follow:

1. Children, you are all curled up in your beds on a sunny Saturday morning.
2. You wake up. You look at your clock. “Oh no, you’re late for your soccer game!”
3. Quickly, jump out of bed and look around your messy room for your soccer uniform.
4. Put on your soccer shirts, your shorts, shin pads, socks and your regular shoes. You must try to remember to also put your soccer cleats in your backpacks before you leave.
5. Wait, something’s wrong! Smell the air. Ewe, you have to brush your teeth before you go!
6. Head for the bathroom and brush your teeth. While you’re there, comb your hair!
7. Now grab your water bottle and let’s hurry to the game!
8. Open your door and follow me. (Teacher leads through obstacles like “Follow the Leader!”).
9. Oh no children, there’s a mountain in our way, we have to climb over it. (They do).
10. There’s a large mud puddle and we don’t want to get our uniform wet, let’s hop over it.
11. Look at this cave in the middle of the hill. It’ll be much faster if we go through it.
12. We’re almost there and now a tree branch is in our way, we’d better go under it!
13. Look children, we made it to the game on time! But wait, we forgot our soccer cleats, oh no! We have to rush home to get them, follow me (teacher leads children back through obstacle course to their homes to get cleats and then back through obstacle course even faster to get to the game on time). PLEASE NOTE: Be careful! Make obstacle courses age-appropriate and safe for children!
14. Wow, I can’t believe we made it back! Everyone say hello to your coach. Great job everyone!

THE END

**In line with the following NAEYC® and private preschool areas of development:** Physical Development and Gross Motor Skills • Creative Expression • Social Science • Movement • Life Skills